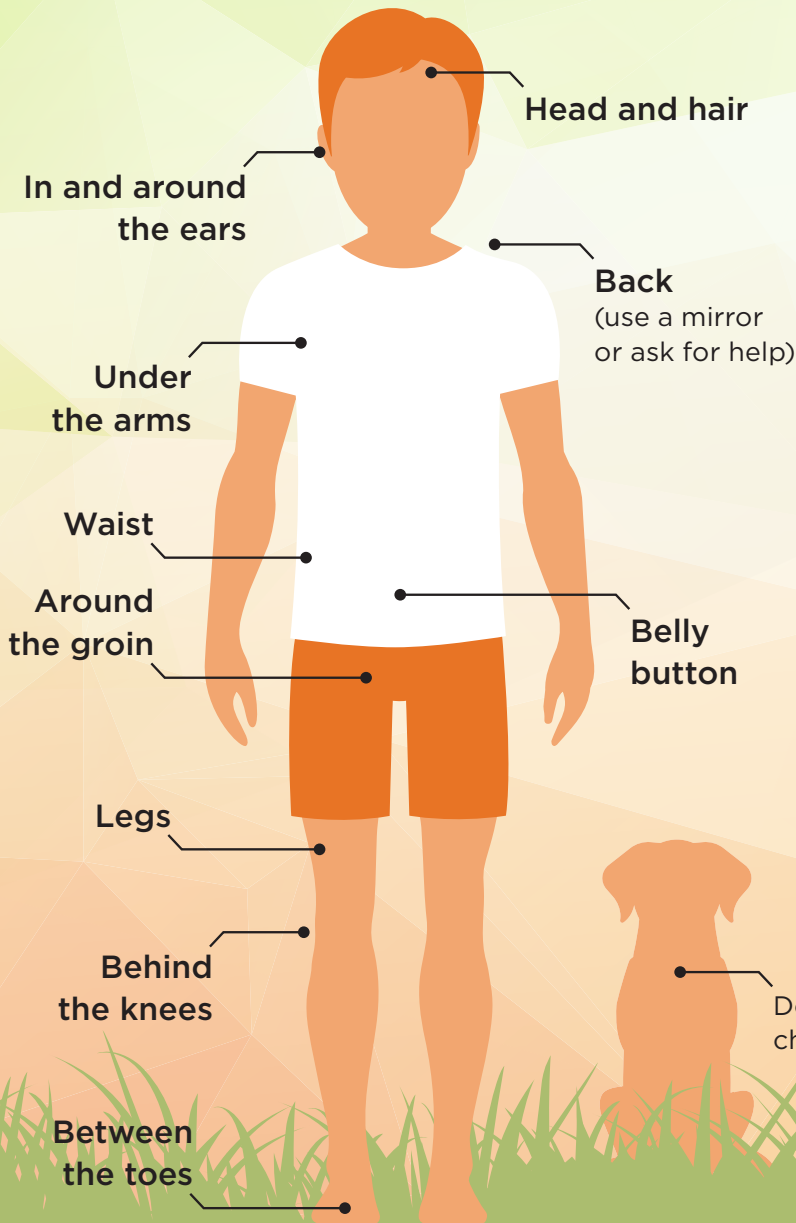


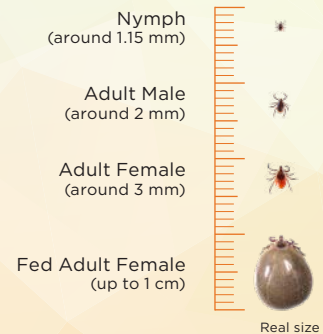
# TOP 10 TICK HIDING SPOTS ON YOUR BODY

Tick checks are one of the ways you can prevent Lyme disease and other infections spread by ticks. **Check your entire body**, especially:



## WHAT TO LOOK FOR?

Feel for **bumps** and look for tiny **dark spots**. Look carefully, most ticks are very small!



Photos: US/ Tick Encounter Resource Center  
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Found a tick? Remove it immediately to reduce the risk of infection.

[Canada.ca/LymeDisease](https://Canada.ca/LymeDisease)



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